Foster kids are our kids

Foster families are families in our schools, our communities, our workplaces, our social groups, our volunteer organizations and our faith communities. All of us can do our part to support them.

- Consider becoming a foster or adoptive parent; we need foster families from all backgrounds who reflect the diversity of children in our system.
- Mentor a foster youth.
- Volunteer for an organization that supports foster youth.
- Invite a foster youth, parent or expert in the field to speak to your organization.
- Offer scholarships, internships and job opportunities to foster youth.
- Pick up literature, check out resources and ask experts questions to learn more.
- Host a viewing party for this documentary and discuss ways you can get involved.
- Learn more about the Quality Parenting Initiative – Minnesota, Connections to Independence, MN Adopt and AspireMN, and the work they do on behalf of foster families.
- Use your voice to speak up for foster youth and families to help us make improvements to our child welfare system.
- Become a champion for foster youth and families by welcoming them in your communities, supporting them and pointing them to services if they ask for help. Foster children need all of us to help them thrive, not just survive.
For more information, check out:

- Quality Parenting Initiative Minnesota website: www.qpimn.org
- Minnesota Department of Human Services website: www.mn.gov/dhs/people-we-serve/children-and-families/services/foster-care/
- Connections to Independence website: www.c2lyouth.org
- Aspire MN website: www.aspiremn.org
- MN Adopt website: www.mnadopt.org (for information on Minnesota foster care and adoption agencies)
- County and tribal social service agencies: https://edocs.dhs.state.mn.us/lfserver/Public/DHS-0005-ENG

Partnering on this event to raise awareness about issues foster youth face and the need for more foster parents are the Quality Parenting Initiative – Minnesota, Minnesota Department of Human Services, Connections to Independence, AspireMN, Sauer Family Foundation and Participant Media.

For accessible formats of this information or assistance with additional equal access to human services, write to alexander.hall@state.mn.us, call 651-431-3878, or use your preferred relay service. ADA1 (2-18)