

Banana Peels

- Compost: Begin a compost pile.



Too Small T-shirt

- Reuse: Give shirt to your younger siblings.
- Reuse: Have a yard sale or donate shirt to thrift store.
- Reuse: Use it for a cleaning rag.
- Reuse: Make a quilt out of it.



Old Tire

- Reuse: Make a tire swing.
- Recycle: Tires should be properly disposed of by law in NC.
- **Fact: Old tires can now be made into pipe and new tires.**



Citrus Peels

- Reuse: Make candied citrus peel.
- Reuse: Make an "orange box": cut orange around equator and remove fruit. Turn the halves of peel inside-out and dry.
- Reuse: Dry well and add to potpourri.
- Compost: Begin a compost pile.



Rechargeable Batteries

- Reduce: Use electricity when possible.
- Reduce: Find appliances that use less power.
- Reuse/Recycle: Use rechargeable batteries and then recycle.
- Recycle/Trash: Take spent alkaline batteries to a Household Hazardous Waste collection site or place in trash.



Styrofoam Cup

- Reduce: Use reusable travel mugs.
- Reuse: Wash and reuse for starting seeds.
- Reuse: Wash and reuse in craft project.



Paper Grocery Bag

- Reduce: Use canvas bags that are reusable.
- Reuse: Use for sorting recyclables.
- Reuse: Use for craft paper and book covers.
- Compost: Shred and compost.



Plastic Soda Bottle

- Reduce: Drink out of a reusable bottle.
- Reuse: Use a soda bottle with the lid cut off for a storage container.
- Reuse: Make a terrarium.
- Recycle. They will be banned from landfill disposal in 2010.



Glass Bottles

- Reuse: Wash and return to store for refills when appropriate.
- Recycle.



Paper Towels

- Reduce: Cut up old T-shirts and other soft fabrics for rags when they wear out. They are reusable and do a great job.
- Compost: Shred and compost.
- Buy Recycled: Buy paper towels with recycled content.



Paper Milk Carton

- Reduce: Buy milk in glass jugs. These can often be returned to the store for sterilization and reuse.
- Reuse: Make a single use bird house.
- Reuse: Donate to scouts, schools, and children's centers for craft projects.
- Trash.



Empty Paint Cans

- Reduce: Measure what you plan to paint accurately to reduce waste.
- Reuse: Save leftovers for future projects or create a paint exchange.
- Trash: Allow open latex paint can to completely dry and then place in trash.
- Trash: Take unwanted oil paint cans to a Hazardous Waste Collection.



Steel Cans

- Reduce: Use-eat locally grown fresh food and use vegetable trimmings and meat bones for soup stock.
- Reuse: Use tuna cans with both ends removed for a cookie cutter- can shape with pliers.
- Recycle.



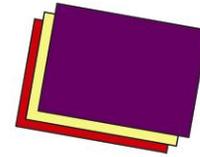
Notebook Paper

- Reuse: Use both sides before recycling.
- Recycle.
- Buy Recycled: Buy notebooks made with recycled paper.
- **Fact: Every ton recycled saves 17 trees, 7000 gallons of water & enough energy to heat a house for 6 months.**



Aluminum Cans

- Reduce: Drink out of a reusable bottle.
- Recycle. They are banned from landfill disposal.
- **Fact: It takes 10% of the energy to recycle an aluminum can as it takes to produce a new one.**



Construction Paper

- Reuse: Keep a box of scrap paper to use for future projects-you rarely use a whole sheet at a time!
- Reuse: Make mosaics out of tiny pieces or blend in blender to colored paper pulp for home paper making.
- **Fact: Construction paper is NOT recyclable.**



Junk Mail

- Reduce: Ask to be removed from unwanted mailing lists-call the 1-800 number listed on the catalogs.
- Reuse: Use the backside of sheets as note pads around the house.
- Recycle.



Household Cleaning Bottle

- Reduce: Use less toxic chemicals by using homemade cleaners made from baking soda, borax, lemon juice, and mineral oil.
- Recycle when available.



Grass Clippings

- Reduce: Let grass clippings lay where they fall- they will enrich the soil.
- Compost: Begin a compost pile.
- **Fact: Americans throw out 28 million tons of grass clippings a year.**



Meat Scraps

- Reduce: Become a vegetarian.
- Reduce: Have at least one meatless dinner a week.
- Reuse: Save fat for bird suet feeders.
- Reuse: Simmer scraps and bones for soup stock.
- Trash: Meat scraps should not be composted because they attract pests.



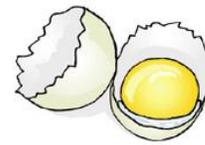
Disposable Diaper

- Reduce: Use washable cloth diapers-there are diaper services if you don't want to wash them yourself.
- Trash.
- **Fact: Americans use 18 billion diapers a year-enough to stretch from here to the moon 7 times.**



Old Computer

- Reuse: Wipe your hard drive and then donate to a thrift store.
- Recycle when available. They will be banned from landfill disposal in 2010.



Egg Shells

- Reuse: Crush and put outside in a dish for bird grit.
- Compost: Begin a compost pile- they are an important source of calcium.



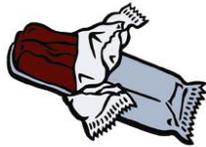
Chipboard Box

- Reduce: Use products that don't have outer packaging.
- Reuse: Cut up chipboard panels and make puzzles or bookmarks.
- Reuse: Cut and fold to make stylish gift boxes.
- Recycle when available.



Paper Plates and Napkins

- Reduce: Use washable plates and napkins.
- Reduce: Use washable cloth napkins.
- Compost: Buy paper plates and napkins and then compost.
- Buy Recycled: Buy plates and napkins with recycled material.



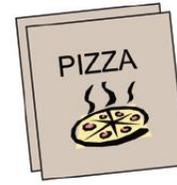
Candy Wrapper

- Reduce: Buy unwrapped candy from the bulk bin, pack in reusable containers.
- Reduce: Try making your own candy.
- Trash: Dispose of wrappers properly in a trash can.



Spray Cans

- Reduce: Use pump propelled reusable bottles for starches and cleaners.
- Reduce: Use non-spray paints and non-aerosol hairspray.
- Recycle: Check with your town to see if they are recyclable. They are made of steel.



Empty Pizza Box

- Reduce: Make your own pizza.
- Recycle: Only CLEAN parts of the box.
- **Fact: Food contaminated cardboard cannot be recycled.**



Toothpaste Tube

- Reduce: Maximize use by rolling tube up tightly.
- Reuse: Use toothpaste tube cap as a game marker.
- Trash.



Cardboard Boxes

- Reuse: Use for mailing or storage.
- Reuse: Use in a creative and crafty manner-make a lot of boxes into an igloo.
- Recycle.



Newspaper

- Reduce: Watch the nightly news, listen to the radio, or read the newspaper online.
- Reduce: Share a newspaper with your neighbor or office mates.
- Reuse: Shred and use as pet cage lining.
- Compost: Shred and compost.
- Recycle.



Motor Oil Bottles And Oil Filters

- Reduce: Try walking, biking, or sharing rides.
- Recycle. Both items should be properly disposed of by law in NC.
- **Fact: We lose enough motor oil in the US to fill 120 supertankers a year.**



Soap or Shampoo Bottles

- Reuse: Rinse out and refill for traveling.
- Recycle. They will be banned from landfill disposal in 2010.



Yogurt or Butter Tubs

- Reuse: Use them for containers to separate out office supplies, craft material, nails, etc.
- Reuse: Use as container for food storage.
- Trash.