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Coordinator/HR Office**

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Carlton County

County-wide newsletter brought to you by the County Coordinator's Office

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Meet Susan Zmyslony, New District 4 Carlton County Commissioner



My name is Susan Zmyslony, newly elected District 4 County Commissioner. Twenty-six years ago, because of a job with the Cloquet School District, I moved to Cloquet from southern Minnesota. My husband Mike and I have raised our two children, Jenna and John, while living within the Barnum area. The family, job and a love for the area have kept me here ever since.

Currently I am a special education coordinator for the Northern Lights Special Education Cooperative. The Northern Lights Special Education Cooperative, located in Cloquet, provides special education services to 12 school

districts. Seven of the 12 school districts are located in Carlton County.

Throughout my years in Carlton County, I have participated in a variety of experiences. Some of these experiences include the Arrowhead Regional Development Council, Northern Lights Interagency Council, Barnum School Board, Epilepsy Foundation of Duluth, and the Carlton County Agriculture and Industry Association. I am incredibly honored and excited to begin my term as District 4 County Commissioner and I look forward to addressing the issues and challenges of Carlton County. I hope over the next four years, you will feel free to reach out to me with your ideas, questions and concerns. [Click here](#) for Susan's contact information.

Carlton County Sheriff's Office Welcomes K9 Roman



Through the generous support of local businesses and citizens, funds were raised for the Carlton County Sheriff's Office to purchase and train a fifteen-month-old German Shepherd, named Roman. Steve Pearson from Performance Kennels in Buffalo, MN, traveled to Slovakia to meet with the breeder and hand select Roman. Pearson looks for high energy, high ball drive dogs. European dogs are bred as working dogs. American dogs are generally bred for show or family pets.

Roman's handler is Deputy Tory Cawcutt. Cawcutt and Roman are currently completing a four-week drug detection

training in the Twin Cities. Training is held at different schools, churches, and fire halls each day. This allows the K9 to be subjected to many different environments. K9's are imprinted (learn odor) on ten drugs.

Patrol training begins in April, is ten weeks in length, and runs through mid-June. Patrol training consists of tracking, apprehension, obedience, article searches, and agility. Roman's training will be held to the standards of the United States Police Canine Association (USPCA). Each year Roman, and handler, Deputy Cawcutt, will certify in drug detection and patrol standards.

You can look forward to seeing Roman and Deputy Cawcutt out in the community, both working and at demonstration events, beginning mid-June.

County Calendar

March 20 - 21 -
Home, Business & Sports
Show

Black Bear Casino Resort
Otter Creek Event Center

.....

April 4 -
Easter Egg Hunt,
Moose Lake School or City
Park

.....

*Meeting dates are subject to
change.

Visit the 2014 Official
Visitor's Guide & Chamber
Membership for the AREA of
Carlton, MN

TXT4LIFE Receives Generous Donation from Health Partners

HealthPartners agreed to present Canvas Health with a one-time gift of \$200,000 toward statewide expansion of the TXT4LIFE program following a meeting and discussion on mental health (including TXT4LIFE). This donation will increase the amount of time that Carlton County will have for their Regional TXT4LIFE Coordinator to be able to spend on program activities. It will also help support the text center (staffing to move toward 24/7 availability), add additional regions for the roll-out across the state (outreach, training, and marketing) as well as the creation of billboards in northeast Minnesota.

The program has grown from an average of 300 to 500 text conversations per month to over 800 in January of 2015. Currently, TXT4LIFE operates through Minnesota state legislative funding (2013 Minnesota Omnibus Bill) and by various smaller funding sources to support the text center (Crisis Connection).

TXT4LIFE has grown from a seven county

(Aitkin-Carlton-Cook-Itasca-Koochiching-Lake-St. Louis) pilot to the addition of three regions and 17 more counties. Bills are in both the MN House and the Senate for the 2015 legislative session to provide base funding for the program on an ongoing basis which will also allow for border to border expansion within the state. As requested by federal partners, TXT4LIFE is working closely with Wilder Research to submit applications to SAMHSA's

National Registry of Evidence-based Programs and Practices and the Suicide Prevention Resource Center's (SPRC) Best Practice Registry.

The support for the program has grown, not only within the state, but around the nation with many requests to replicate

the TXT4LIFE program in other states and organizations. HealthPartners' gift will really give the program the springboard it needs to spread the resources to the people around the state who really need it.



Carlton County Sheriff's Office Citizen Alert System

The Carlton County Sheriff's Office has purchased the Everbridge Mass Notification System. This is a web based system that allows local government entities to notify the public of emergency and non-emergency situations. The system can be used for numerous notifications such as: emergency weather, missing persons/juvenile, emergency situations within a city or area, local event notifications (e.g. parades), public utilities outages (power outage, water leaks), city ordinances (including beginning and ending snow removal), local government building closures, etc.

The Sheriff's Office has loaded the landline phones from the White Pages of the phone book and the 911 data. However, with the increased use of cell phones it is very important for individuals to go the web site and sign-up. Individuals can enter as many phone numbers, emails, and text devices as they like as well as customize what weather alerts they receive from the National Weather Service. [Click here](#) for the web link which can also be found on the Carlton County website. Please add this website to your local web page under the heading Carlton County Citizen Alert.

On the Download . . . Tech Tips



Everyone loves new technology tips so here are a couple to try out if you haven't already:

Tip #1. Grab the Title Bar of any open window and shake it. It will minimize all of the other open windows. Repeat shaking the open window to have the other windows return.

Tip #2. The keyboard shortcut Windows+L will lock your computer.

It remains locked until you enter your password. Great for when you need to slip away from your desk for a short period of time.

Tip #3. Pressing ALT+TAB allows you to cycle through currently open windows. This makes switching back and forth between running processes quick and painless. If you want a more stylish method, Windows+TAB will do the trick.

Carlton Drug Court Grand Opening

The Carlton Drug Court began serving participants in September of 2014. On average, a total of 75% of adult Drug Court graduates never see another pair of handcuffs. Drug Courts restore families, combat addiction, ensure compliance, save money and reduce crime.

Come and celebrate with the Drug Court team and current participants of the Drug Court, along with Judges, Carlton County Attorneys, District Public Defenders, Arrowhead Regional Corrections, Court Administration,

Treatment Providers, Team Members and guests at the Grand Opening Celebration of the Carlton Drug Court on Wednesday, March 18, 2015 at 2:30 p.m. located on the 3rd floor of the Carlton County Courthouse.

Refreshments will be served, successes will be congratulated and community members will be acknowledged. No RSVP is required.



BlueCross BlueShield Offers Online Care

BlueCross BlueShield offers a service to Carlton County health plan recipients called Online Care Anywhere. It allows health insurance carriers the ability to talk to have a live conversation with a real doctor using a computer, smartphone or tablet. The U.S. board-certified doctors can answer your questions, diagnose your condition and prescribe medications. It's easy to use, confidential and costs just \$45 per visit. If you have a BlueCross health plan, some or all of the cost may be covered.

In order to use Online Care Anywhere just register or sign in. Get the Online Care



Anywhere mobile app if you plan to use your smartphone. Choose a doctor and start a conversation through your computer, smartphone or tablet. Receive a diagnosis, treatment options and/or follow up care recommendations. Video is required for any consultations that results in a prescription.

Online Care Anywhere doctors can help you with many common health concerns, such as colds, flu, fever, rash, abdominal pain, sinusitis, pinkeye, ear infection, migraines and more. [Click to see commonly treated conditions.](#) Also visit [Online Care Anywhere FAQs](#) for more information.

Carlton County Receives Awards for Implementation of Lactation Policy

The Carlton County Board recently approved the designation of a lactation room at each of its primary building locations in recognition of the well-documented health advantages of breastfeeding for infants and mothers, and in an effort to honor the mandates of Minnesota Statute Section 181.939. The action followed the recommendations of the Carlton County Wellness Committee that providing a place for new mothers to express milk was important for both employees and members of the public who use the County's facilities. The Wellness Committee provided a draft worksite lactation support policy for review by the Carlton County Policy Committee, and also coordinated with the Building and Maintenance Department staff to prepare designated lactation room space. The Carlton County Public Health and Human Services Department was also significantly involved in providing guidance and assistance, including educational materials, throughout the process.

There are currently three designated lactation

rooms located in three different Carlton County Buildings. Those locations are the Community Services Building in Cloquet, the Carlton County Law Enforcement Center in Carlton, and the Carlton County Transportation Building, located near Olsonville. In addition to the spaces, which are private and sanitary, the policy also provides for the use of breastfeeding equipment and educational materials, both provided by the Public Health WIC or Parent Child Health Teams. Shortly after the lactation rooms were made available, Carlton County received positive recognition for its efforts from the Northland Breastfeeding Coalition, Healthy Northland, and the Carlton-Cook-Lake-St. Louis Community Health Board. At the time the recognition awards were presented to the Carlton County Board, it was noted that the policy was one of the first of its kind in the Northland Area and that it was being used as a model policy.



2015 Carlton County Board of Commissioners

Marv Bodie, Board Chair
Thomas Proulx, Vice Chair
Dick Brenner
Gary Peterson
Susan Zmyslony

*Board meetings are held at the Transportation Building on the 2nd Tuesday of every month at 8:30 a.m. and the 4th Monday of every month at 4:00 p.m.

[Click here for County Commissioner contact information.](#)

Employee Service Awards



Karen Tribby
(PH&HS)
30 Years

Heather Giancola
(PH&HS)
10 Years

Henry Moeller
(PH&HS)
10 Years

Community Encouraged to Attend Planning Meeting for Future Internet Projects

Carlton County encourages the public to attend our Blandin Broadband Community Vision meeting where priorities will be set and projects developed to improve Internet access and use in Carlton County.

Last November, Carlton County was named one of ten Blandin Broadband Communities, a program that provides planning, technical and financial support to communities that demonstrate the determination to bring the benefits of a broadband-enabled economy to their communities. These ten communities will have access to a special \$750,000 grant fund, but projects will have to meet Blandin Foundation standards in order to

be funded.

All interested community members can come to Community Memorial Hospital's Oak Room for dinner at 5:00 on Thursday, March 19, 2015 to help identify our community's strengths and gaps, brainstorm project ideas and prioritize potential projects. Cross-sector and collaborative efforts will be a priority. Once projects emerge, our County non-profits, schools and governments will have the opportunity to apply for up to \$100,000 in total grant funding over two years. The first deadline for grant applications is April 1.

Those interested in attending should RSVP to Brenda Nyberg at 218-384-9564 or brenda.nyberg@co.carlton.mn.us.

Carlton County Personnel Office Undergoes Transformation

The former Carlton County Personnel Office has undergone some significant changes over the past eighteen months. The office has been redesignated as the Human Resources Office and the Office of the County Coordinator. Those offices have moved from the first floor of the Carlton County Courthouse to the second floor of the Courthouse, and are located next to the elevator. Most significantly, the offices have added two staff in order to meet the demands of providing human resources and administrative services to a county of over 36,000 people and over 340 county staff.

In addition to Corrine Beaufeaux and Dennis Genereau, the offices now include Shanny Hurst and Kim Franek. Shanny was hired as the Administrative Assistant in the Coordinator's Office approximately 18 months ago, having previously worked in the County's Economic Development Office. Shanny brings significant experience and skill in marketing, research, and administrative organization, and has put that experience to good

use in a number of projects. The most significant include working as a lead point of contact in the County's current compensation study, organizing and documenting the work of multiple county committees, and providing administrative support to the Building and Maintenance Department. Kim Franek has been working as the County's Human Resources Manager for the past seven months, having previously spent several years working in human resources for the State of Minnesota, Department of Human Services. In addition to working with Corrine to handle all day to day human resources issues, including compliance with numerous federal and state statues, Kim is undertaking an assessment of all aspects of human resources services provided through the office in order to determine where and how improvements should be made. Staff and the public are encouraged to call or stop by anytime. Office hours are from 8:00 a.m. to 4:00 p.m.

RAIDS Online Crime Mapping System

The Carlton County Sheriff's Office is pleased to announce that the RAIDS Online Crime Mapping system is up and running. The public can now search for incidents within their local communities or throughout Carlton County.

The RAIDS Online program can be accessed on the Internet or from most smart phones by simply typing "Raids Online" into your web browser. From the main map,

select Minnesota, and from the drop down menu select Carlton County. Now you can start your search. There are various map layers on the left side of the screen to help you narrow or expand your search. Search options include types of crimes, radius around a specific location, date range, etc.

A tutorial to help you navigate this program can be found at <http://raidsonline.com/overview/tutorials.html>.

Security and Personal Safety Tips with Joe

Volume 1 - Situational Awareness

New threats to personal safety and security emerge on a daily basis. With this series of articles, my goal is to provide personal protection and safety tips that you can implement both at home and at work. People often think that personal safety means taking classes that teach use of weapons or self-defense maneuvers. While these are some aspects, the most important component of personal safety is often overlooked.

The first and most basic rule of personal safety is to be aware of your surroundings, often referred to as "situational awareness." Knowing where you are and who is around you is key to protecting yourself, your loved ones, and your co-workers. There are several reasons why situational awareness is critical to your safety--you need to be aware of potential exits, potential hazards, and of anyone in your surroundings who may be cause for alarm. However, at the most basic level of safety, you also need to know your precise location. In the unfortunate event that you are confronted with an emergency situation and need to call for help, first responders need to know how to locate you. This information, while it seems simple, is truly vital to your safety and security.

People often think that carrying a cell phone everywhere provides them with an extra measure of security. In some instances, this is true, however, even with a cell phone, you still need to know your location. Traditionally, 911 calls made from landlines were able to provide emergency dispatchers with an accurate and precise location of where the call was coming from. However, as technology has evolved and more households have opted to forego traditional landlines in favor of cell phones, 911 dispatchers are at a disadvantage. Calls made from cell phones are not able to provide a precise location; they can often get close, but as the old saying goes, "close only counts in horseshoes and hand grenades." For example, a cell phone call placed from the courthouse may provide enough data to the 911 dispatcher to direct the first responders to the building, but the data from your phone will not tell the dispatcher what room you are in. Imagine the time it could take for the police to search every room of the courthouse if you have an emergency and cannot accurately tell 911 that you are on floor 3 in the Probation Office.

To complicate matters even further is VOIP, or Voice Over Internet Protocol, phone technology which is used more in commercial and residential phone systems. These systems allow your phone system to use your computer's router to transmit your phone's signal rather than using traditional phone wiring. In this case, a 911 call made from a VOIP phone may give the 911 dispatcher the location of the computer's router, which may not even be in the same vicinity of the actual phone that dialed 911.

Bottom line, be responsible for your most basic situational awareness and personal security--know where you are. This will help us help you.

If you have specific questions about security issues or have topics or feedback for this security and personal safety column, please email me at joe.mattinen@co.carlton.mn.us. I'd love to hear your ideas. (*Joe Mattinen serves as Carlton County Deputy Sheriff/Court Security and is officed in the Carlton County Courthouse.*)

**SAFETY
FIRST**

**BE CAREFUL
BE AWARE
BE SAFE**

"The first and most basic rule of personal safety is to be aware of your surroundings, often referred to as "situational awareness." Knowing where you are and who is around you is key to protecting yourself, your loved ones, and your co-workers."

Carlton County Committee's

Building Committee -

2nd Tuesday of the month Immediately following the County Board meeting (Transportation Building -TB)

Committee of the Whole -

1st Tuesday of the month at 4:00 p.m. (TB)

Diversity Committee -

4th Thursday of the month at 8:30 a.m.

Finance Committee -

1st Tuesday of the month at 2:30 p.m. (TB)

HR Advisory Team -

3rd Tuesday of the month at 8:00 a.m. (PH&HS)

Policy Committee -

3rd Monday of the month at 2:00 p.m. (LEC)

Management Team -

1st Tuesday of the month at 8:30 a.m. (TB)

Supervisors Committee -

3rd Thursday of the month at 2:00 p.m.

Wellness Committee -

1st Wednesday of the month at 8:30 a.m. (PH&HS)

For a more detailed Carlton County Committee listing with members [click here.](#)



Are you interested in submitting an article in the next Carlton County Newsletter? Email, mail or fax your articles and pictures by the April 20, 2015 deadline to:

Shanny Hurst
Carlton County Coordinator's Office
301 Walnut Avenue, PO Box 510
Carlton, MN 55718
Fax: (218) 384-9196
shanelle.hurst@co.carlton.mn.us

*Please note that all submissions are subject to editing, as needed.

"Let's Get Acquainted" with Carlton County Assessor Marci Moreland



How does one start your own bio? I guess the best way is to tell you a little about myself. I grew up in Mahtowa, MN on a farm. I attended Barnum Public Schools graduating in 1976. I met my husband Gary when I was 10 and he was 8. We married in June of 1981 and lived just outside of Brookston. We have two children, Beth and Dustin. In 1994 we moved to Mahtowa. We raised quarter horses and beef cattle. We were active in the quarter horse business, raising, breeding, selling, training, and showing quarter horses all over the State of Minnesota. My husband and I were active in our kids' school sports. We coached summer baseball and softball teams. Beth graduated from Barnum High School in 2001 and Dustin in 2002. Beth married Isaac Schatz of Kettle River. They have two boys, Tyler and Mason. Dustin married Elizabeth Plante of Cloquet. They have a son, Gavin, and a daughter, Riley. We still raise beef cattle, but are out of the horse business. I have been an avid bowler for 28 years and bowl on two bowling leagues.

How did I get where I am today? In 1976, I started working at Carlton County in the Recorder's Office as a summer student. That fall I attended the University of MN-Duluth. My goal was to major in physical education and get a coaching certificate. I returned to the Recorder's Office as a summer student. In August, I was offered a CETA position with the County. I elected to take the position and forego my education. Do I regret my decision? Not one bit. In May 1978, the County Board picked up my position as a full time County position. I worked in the County Recorder's office for another 6 ½ years. I applied for the position of floating employee out of the Assessor's office. I started in the Assessor's office in May of 1983. The floating employee position was eliminated one year later and the Land Description Clerk was created. I LOVED this job. I worked closely with the appraisers doing all of the land and building calculations and homesteads, working with all the sales in the County, and handling the County fleet vehicles. In 1990, one of the appraisers informed us all he was going to retire in 1991. I received my Certified Assessor's License in the spring of 1991 and was hired as a Deputy Appraiser in September of 1991. I thought I loved my previous job, but this was great. I enjoyed going out doing field work and meeting the public and being the conduit between them and the County. I continued to work on my education, taking courses throughout the years. When the current County Assessor retired in 2002, I was then given the opportunity to apply for the Chief Deputy Assessor position. I was awarded the position. Going from a co-worker to supervisor proved to be challenging to say the least. My thought was to always be fair and listen, but you also have to be firm in what you believe. In 2006, I obtained my Senior Accredited Assessor License. So, here I am serving as the County Assessor ever since March 3rd of 2008. I love serving the people of Carlton County. It's the satisfaction in knowing that you've helped someone when they visit the office. During the flood of June, 2012, I have never felt such pride and compassion as I did at that time. This was an event that really changed me as a person. All of a sudden, the small trivial things in life were not that important anymore. When you witness people losing everything they have, it really opens your eyes. I will never forget the three weeks that I spent working with the communities and the residents of the County during this time. The strength of the people, their pride, the ability to put their own needs aside to help their neighbor, and most of all the teamwork of everyone involved.

I never would have guessed when I started as a summer student in 1976 that I would be where I am today. Mr. Dick Wiitanen told me the day he retired, "Someday you are going to be County Assessor." Little did I know how true his words would be. I have served in every position of the Assessor's Office, so I feel that really helps me deal with all aspects of the assessment field. When I became County Assessor, my belief was always be have open communication. The communication between this office and the public, the Department of Revenue as well as the cities and townships was missing. Within the first year of being in my position, it was restored. I have served on state committees through the DOR, won a State Top Pen Award, instructed classes on Disaster Assessment, and just recently served as the chair of the host committee for our annual Minnesota Association of Assessing Officers conference.

The County Assessor's Office has a total of eight staff members: County Assessor, Chief Deputy Assessor, four Deputy Appraisers, Homestead Clerk and part-time Administrative Assistant. Today, our County's total Market Value is \$2.7 billion. We have several programs available for taxpayers. With the prospect of the new Enbridge pipeline coming through the County, it will help shift some of the tax burden from the taxpayers. Sappi, USG, and Jarden continue to prosper. Moose Lake City is expanding along the Highway 73 corridor toward I-35. The Highway 33 development in Cloquet continues to grow south of town. Local schools are improving buildings and education. We continue to remain stable with slight growth every year. Carlton County is a great county to live in.

In closing, I have to thank my staff. It takes a good staff with dedicated people to make a successful organization. I have made a lot of friends and have accomplished many things within our department, the latest being Pictometry, coming this spring. It's with anxious anticipation that I look towards my retirement in a little over a year. It will be hard to leave behind friends and acquaintances. My advice: "Always give your best, be kind, smile, be proud of your accomplishments and the rewards you get in return will be 10 fold."

"This institution is an equal opportunity provider and employer."