

Carlton County Support groups

Mental Illness and Chemical Dependency

Support group for individuals with Mental illness and Chemical dependency.

Referrals taken from providers. No charge.

Human Development Center

40 Eleventh Street, Cloquet

879-4559

www.hdchrc.com

Mental Illness support group

Thursdays at the Grove from 2:30-4pm.

We are also starting a therapeutic art group Mondays at 1:00. In the near future there will most likely be a therapeutic music group as well

Grief Support Group

218-879-4976

This is a general Grief Support Group that is open to any adult suffering the loss of a loved one. The group meets on the second Tuesday of every month.

Location:

Community Memorial Hospital

Skyline Blvd.

Cloquet, Minnesota

Caregivers

Moose Lake, MN

Meets the third Thursday of every month, 10:00am

Location: Hope Lutheran Church

Facilitator: Gerene Johnson

Phone Number: 218-310-6807

Caregivers

Meets the third Thursday of every month, 1:00pm
Location: Cloquet Public Library
Facilitator: Gerene Johnson
Phone Number: 218-310-6807

Caregivers Support Group

Public Health Nursing hosts a Caregivers Support Group that meets every 2nd Wednesday of the month at the Tribal Center Library meeting room.

Caregivers Support Group

For people caring for elders or elders caring for children.
Tribal Center Library Meeting room
5:00-6:00pm every second Wednesday of the month
contact 218-878-2128

Family Support Group

National Alliance on Mental Illness (NAMI) of MN sponsors free support group for families who have a relative or a friend with a mental illness. Led by trained facilitators who also have a family member with mental illness. The support group helps families develop better coping skills, gain information, and find a strength through sharing their experiences.
When: Every third Friday starting June 2009
Time: 6:00 pm
Where: The Outreach Center (24 10th street in Cloquet)
Day care and Refreshments will be provided
For more information please contact Kevin and Carol Kot the facilitators at 218-384-9956.

Mental Health support group

For persons with a Mental illness. The group meets weekly on Tuesdays from 5:30-7:00 at the Outreach Center 24 10th street in Cloquet (behind Nelsons funeral home)
Contact Cheryl Nelson 218-879-4978

Alanon type (unofficial) 12 step Recovery program

meets every Thursday 6:30-7:30pm @ the Business Center of the Lake State Federal Credit union

Celebrate Recovery

Is a Christ centered recovery program meets every Tuesday @ the Covenant Church beginning with a light meal @ 5:45pm

Alcoholics Anonymous

Telephone Numbers commonly asked for:
Duluth Alano Club (218) 624-0501
Hibbing Alano Club (218) 262-2994
Superior 1609 Alano Club (715) 394-9824
Superior Serenity Club (715) 392-8340

Cloquet Alano Club (218) 879-9884

(218) 894-4583
Alanon, Alateen, ACO info (218) 624-2764
DISTRICT 12 PO BOX 16412 DULUTH MN 55816
Changes or Updates?

Monday AA Carlton County

Cloquet Alano Club (Closed Disc)..... 8:00 pm
103 10th St - Cloquet Alano Club - Cloquet, MN

Young Vikings 8:00 pm
401 Elm Avenue (Back entrance) Poor Gary's Pizza - Moose Lake, MN

Tuesdays
Carlton County

Our Savior's Lutheran Church (Open /12 Steps & Traditions)... 6:00 pm
Corner of 12th Street and Dodridge Avenue Cloquet, MN

Haven AA7:00 pm
1003 Cloquet Avenue - Cloquet, MN

Cloquet Alano Club (Candlelight in basement)..... 8:00 pm
103 10th St - Cloquet Alano Club - Cloquet, MN

Wednesday
Carlton County

Cloquet Alano Club (Closed Disc)..... 1:00 pm
103 10thSt-Cloquet Alano Club Cloquet, MN

Cloquet Community Hospital..... 7:00 pm
Skyline Blvd. (Basement Classroom) Cloquet, MN

Cloquet Alano Club (Closed Disc)..... 8:00 pm
103 10th St-Cloquet Alano Club

Young Vikings 8:00 pm
401 Elm Avenue (Back Entrance)
Poor Gary's Pizza - Moose Lake, MN

Thursday
Carlton County

Moose Lake Topic Meeting..... 6:30 pm
700 Fifth Street - Evangelical Covenant Church (Basement Ent).Moose Lake, MN

Mash-ka-Wisen Treatment Center..... 7:00 pm
1150 Mission Road Sawyer, MN

Cloquet Alano Club (Closed Disc)..... 8:00 pm
103 10* St - Cloquet Alano Club - Cloquet, MN

Sawyer Group..... 8:00 pm
3243 Moorhead Rd - Sawyer Community Center Fond du Lac Indian Reservation - Sawyer, MN

Young People's Group 8:00 pm
United Methodist Church - Barnum, MN

Young Vikings.....8:00 pm
401 Elm Avenue (Back entrance) Poor Gary's Pizza - Moose Lake, MN

Friday Carlton County

Moose Lake (Open)..... 7:00 pm
Holy Angels Catholic Church - Moose Lake, MN

Cloquet Men & Women Group..... 8:00 pm
Our Savior's Lutheran Church 12th & Dodridge- Cloquet, MN

Cloquet Alano Club (Candlelight in basement)..... 10:00 pm
103 10th St - Cloquet Alano Club - Cloquet, MN

Saturday Carlton County

Sawyer Group7:00 pm
1150 Mission Road Sawyer, MN

Cloquet Alano Club (1" Sat Speaker & Potluck)... 8:00 pm
103 10* St - Cloquet Alano Club - Cloquet, MN

Carlton County Al-Anon Society
103 Tenth Street, Cloquet 879-9884

Sobriety Feasts

Held twice per month. One feast is held the second Tuesday of every month for the Duluth community at the YMCA and on the last Wednesday of the month at the Black Bear Casino for the FDL community. Attendees are encouraged to bring potluck for the event, which includes a speaker and a medallion ceremony. Family members and other support persons are invited to join the feast.

Diabetes Support Groups - Minnesota

Place: Fond du Lac Human Services
Program Name: Diabetes Education Program
Address: 927 Trettel Lane
City, State, Zip: Cloquet, MN, 55720
Telephone: 218-879-1227

The ARC of Minnesota - FAS/FAE Support Group

424 West Superior Street

Duluth, MN 55802

Phone: 218-726-4725 Fax: 218-726-4732

Contact: Lynne R. Frigaard

arcnorthland.an@charterinternet.net

Prevention training and intervention services referral for children and adults. Serving all of Minnesota - Primary fetal alcohol prevention curriculum provided to middle/high school and post secondary students. This program serves about 15,000 students per year across the state. -Fetal alcohol education for professionals and care givers. Practical & interactive training sessions are provided for 5,000 annually on how to work more effectively with those who have FAS/E. -Fetal alcohol Diagnostic Clinic services for the residents of Northeastern Minnesota and Northwestern Wisconsin. Diagnostic services are provided by a seven person comprehensive team of professionals. -Advocacy services for those diagnosed in the clinic. Individual and systems advocacy is available for the families coming through Arc Northland's clinic. -Care giver support groups. Arc Northland sponsors two monthly groups for those who are caring for individuals with Fetal alcohol damage. The group meet in Duluth and **Cloquet.**

Cancer Support Group Community Meeting

The FDL Public Health Nursing Program is hosting Cancer support meetings every 2nd and 4th Thursday at the Tribal Center Library quiet room .

5:00-6:00pm

Library Quiet room

contact Debra @ 218-878-9726

FDL Speak-Up Line

(218) 878-3789

There may be times when an individual wishes to report suspicious or questionable activity. The above number is for this purpose. This is an anonymous line: the caller will be speaking to a recorder and may not leave his/her name. The information he/she is reporting will be transcribed and forwarded to the proper authorities.

If someone has specific knowledge of an illegal activity or any type of emergency it must be reported using 911.

Fond du Lac Women's Advocates

Groups give women a chance to share life experiences

Need a safe place to talk? Would you like to talk with women who have had experiences similar to yours?

Join our Women's Groups!

Groups are held from 1:30 p.m. to 3 p.m. on Mondays at the Center for American Indian Resources community room, 211 W. 4th St., Duluth, and from 5:30 p.m. to 7 p.m. on Wednesdays at the Minnesota Clinic McKnight Room, 927

Trettel Lane, Cloquet. (There is no meeting on the last Wednesday of the month at the Cloquet location.)

Childcare is not provided at either location.

If you have questions, please contact December Bird, Domestic Abuse Advocate,

(218) 878-3783;

Marcia Kitto, Sexual Abuse Advocate, (218) 878- 3782; or

Patricia Peterson, General Crime Advocate, (218) 878-3784.

Barnum Kinship Support Group

106 Knollwood Drive

Moose Lake, MN 55767

218-485-4245

Men's Prostate Cancer Support Group - Carlton County Chapter of Us Too International

1201 Doddridge Avenue

Our Savior's Lutheran Church, Fireside Room

Cloquet, MN 55720

Target Audience:

All men, family, friends & health professionals interested in prostate cancer

Dates and Times: 3rd Sunday of every month;7:00 - 8:00pm

Fees: Free

Contact Info:

Phil Maunu at 218-279-3506 or Mike Sullivan at 218-879-4695

Web: www.ustoo.org

E-mail: mfs48@yahoo.com

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Description:

Us support groups hold regular meetings for men living with prostate cancer and their families. The meetings provide unbiased information from experts in areas related to prostate cancer, including surgery, radiation, medications, nutrition, and psychology. Us group meetings are free and open to all men, family, friends, and health professionals interested in prostate cancer/disease.

Additional Contact Information:

Also serving Duluth and Superior area

Mental Health support group

For persons with a Mental illness. The group meets weekly on Tuesdays from 5:30-7:00 at the Outreach Center 24 10th street in Cloquet (behind Nelsons funeral home)

Contact Cheryl Nelson 218-879-4978

Bible Study Support Group

Big Lake Evangelical Covenant Church

Every Thursday at 6pm

702 Salmi Rd Cloquet (on the corner of big lake and twin lakes road

Transportation is Available by calling 218-476-2623

Social Group

The group meets weekly on Thursdays at 1pm

at the Outreach Center 24 10th street in Cloquet (behind Nelsons funeral home)

Crafts, outdoor activities Etc.

Contact 218-879-0303

The Gathering Grove

A new outreach Center located at 701 Fifth Street at the corner of 5th Street and Grove Avenue. Open

Mondays and Thursdays from 9 -3pm

Mental illness support group on Thursdays at the Grove will be 2-4:30pm.

The Grove Therapeutic art group Mondays at 1:00. In the near future there

will most likely be a therapeutic music group as well. Call for update.

Health and Happiness Club

the Outreach Center 24th 10th street Cloquet

Wednesdays from 12-2.pm

Goals are worked on with special incentives and prizes to accomplish them together

(behind Nelsons funeral home)

Contact 218-879-0303